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Aug 8 2024 Because flu and the common cold have similar symptoms it can be difficult to tell the difference between them based on symptoms alone. In general flu is worse than the common cold and symptoms are typically more intense and begin more abruptly

Colds are usually milder than flu Nov 16 2024 A cold is a milder respiratory illness than the flu

While cold symptoms can make you feel bad for a few days flu symptoms can make you feel quite ill for a few days to weeks 3 days ago Here's what you should know including symptoms to watch for and how to tell the difference between a cold and the flu. Flu season across US as of Dec

13 2025 shows more getting sick Jul 10 2025 Distinguishing between a cold and the flu may involve recognizing that cold symptoms appear gradually and are generally milder whereas flu symptoms manifest rapidly and may be severe Nov 14 2025 What is a cold and what is the flu? A cold and the flu are viral infections

They both affect your respiratory system. This includes your throat, nose, airway and lungs. It is difficult to tell the two apart. The flu is generally worse than a cold

It is common to get a cold more than once a year Dec 16 2025 Key Takeaways: Cold symptoms usually last between seven and 10 days. Flu symptoms are more severe and tend to develop suddenly

Influenza can lead to severe complications especially in older adults, pregnant people and young children. Colds don't usually come with a significant fever. While you may be running a little warmer, colds rarely come with a significant fever.

And while you can still have the flu without a fever, the flu typically comes with a few days above 100 Fahrenheit Dec 18 2025 While a cold and the flu can have similar symptoms, there are some important differences to know.

Here we'll go over those differences, talk about treatments for the cold and flu, and give you some tips to help you avoid getting either one. Cold Symptoms: A cold is a viral upper respiratory tract infection that typically affects the nasal part of the respiratory system.

The infection is usually mild and goes away without treatment. Symptoms may include a runny nose, headache and sneezing. About half of patients can also experience a cough or sore throat. Colds and the flu are both highly contagious and in the initial stages, a bad cold and a mild case of the flu might seem alike.

Unlike a cold, though, the flu is a serious illness that can have life-threatening complications. Here is a comparison of cold and flu symptoms.

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