

## <adolescence> Adolescent health World Health Organization WHO Adolescent health and development Coming of age.

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Jun 30 2025 Adolescence is the phase of life between childhood and adulthood from ages 10 to 19. It is a unique stage of human development and an important time for laying the foundations of good health. Adolescents experience rapid physical cognitive and psychosocial growth

This affects how they feel think make decisions and interact with the world around them. Despite being thought of as a healthy Oct 19 2020 Adolescence is a period of life with specific health and developmental needs and rights

It is also a time to develop knowledge and skills learn to manage emotions and relationships and acquire attributes and abilities that will be important for enjoying the adolescent years and assuming adult roles Adolescence is a highly formative time for future health

While many of the challenges that emerge at this age are rooted in experiences in the womb or in young childhood effects of the neurobiological changes in the very early years can emerge in adolescence Sep 1 2025 Adolescence 10 19 years is a unique and formative time

Multiple physical emotional and social changes including exposure to poverty abuse or violence can make adolescents vulnerable to mental health problems

Promoting psychological well being and protecting adolescents from adverse experiences and risk factors that may impact their potential to thrive are critical for their well being Nov 26 2024 WHO fact sheet on adolescents health risks and solutions includes key facts and provides a definition information on specific health issues WHO response Oct 23 2025 Adolescence is a time of rapid physical cognitive social and emotional development and the experiences of those aged 10 19 years have profound impacts on their well being both in the shorter and the longer term

Although well being is a broad concept with different interpretations WHO and the Partnership for Maternal Newborn Child Health PMNCH in collaboration with the United Nations Sep 1 2025 L'adolescence entre 10 et 19 ans est une période de la vie unique et formatrice

Les multiples changements physiques émotionnels et sociaux y compris l'exposition à la pauvreté la maltraitance ou la violence peuvent rendre les adolescents vulnérables aux problèmes de santé mentale Il y a près de 1,2 milliard d'adolescents 10 19 ans dans le monde

Dans certains pays les adolescents ne font qu'un quart de la population et le nombre d'adolescents devrait augmenter jusqu'en 2050 en particulier dans les pays à revenu faible ou intermédiaire PMA où vivent près de 90 % des jeunes de 10 19 ans Promoting adolescent well being Adolescence is a time of rapid physical cognitive

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