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Jun 13 2019 What is a bento? Bento written or obento to use the honorific term is the Japanese word for a meal served in a box. Beyond that basic definition though just about anything goes as to what kind of box or container is used as well as what is put inside that box

Different types of bento See also Types of homemade bento. There are several different kinds of bento The bestbento boxfor you really depends on your needsbento boxes single layer_v2_1.jpg There really isn t a best bento boxthat suits everyone

It all depends on your individual needs and it s possible you will need two or more different types

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While I do like cutebentogoods and boxes they are certainly not required or even needed Jun 11 2008 How to fill a 1 tierbento boxA one tierbento boxis more of an open canvas than a two tier but the principles are the same. Here I ve used a 670 ml capacity stainless steelbento boxfrom Kobo Aizawa

Again start with the rice

I use the divider to squeeze the rice to one side to compact it and flatten out the top with a moistened spoon Jun 11 2019 An in depth look at the monbento line ofbentoboxes and accessories including the boxes themselves the sauce cups cutlery and the brand new silicone molds Aug 30 2019 There really isn t a best bento boxthat suits everyone

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Note that this guide is biased towards the Tokyo metropolitan area but the general principles apply to other areas of the country Jun 11 2019 A review of a sleek littlebento boxthat actually heats up your food without a microwave Jun 11 2019 Bento101 Getting into theBentoMaking Habit Part 3 Let s pack abentoWelcome to Lesson 3 which is actually the fourth lesson I know a bit confusing ofBento101 Getting Into theBentoMaking Habit

The assignment this week will be to actually pack at least onebento for lunch and bring it with you to work or school or even to the park Bentofiller 3 color

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