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Black pepper *Piper nigrum* is a flowering vine in the family Piperaceae cultivated for its fruit the peppercorn which is usually dried and used as a spice and seasoning

The fruit is a drupe stonefruit which is about 5 mm in diameter fresh and fully mature dark red and contains a stone which encloses a single pepperseed Apr 5 2025 Learn more about the nutrition and health benefits of black pepper along with fun ways to incorporate this healthy spice into your everyday diet Sep 12 2024 Find out what nutrients are in black pepper and learn how it can help with everything from digestive disorders to cardiovascular disease Dec 18 2025 black pepper *Piper nigrum* perennial climbing vine of the family Piperaceae and the hot pungent spice made from its fruits. Black pepper is native to the Malabar Coast of India and is one of the earliest spices known Dec 3 2025 Black pepper is a common spice that is typically used to flavor foods

Its active ingredient piperine is also available as a supplement

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Renowned for its pungent hot flavor and complex aroma black pepper enhances dishes across countless cuisines Jan 19 2025 Black pepper or *Piper nigrum* is a spice derived from the dried berries of a tropical vine native to India

It has been used for thousands of years in both culinary and medicinal applications Sep 6 2024 Black pepper reigns as the world's most popular spice. Dive into its rich history diverse regional varieties and powerful health benefits

Whether you're a home cook or a culinary expert this comprehensive guide provides everything you need to know about this indispensable spice.

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