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Brownsugar is a sucrose sugar product with a distinctive brown color due to the presence of molasses. [1][2] It is either an unrefined or partially refined soft sugar consisting of sugar crystals with some residual molasses content or produced by the addition of molasses to refined white sugar

[1][2] Brown sugar is 98% carbohydrates 95% as Mar 18 2024 To make brown sugar some of that molasses is added back in. That makes it more moist and likely to clump than white sugar

Nutritionally there is no significant difference between the two Oct 15 2023 Explore the world of brown sugars to learn which brown sugar you should use and when to use each in our comprehensive article Jan 8 2024 It gets its brown color from the presence of molasses a thick dark syrup that is produced by the refining of sugarcane or beet juice into sugar Mar 14 2025 Brown sugar is a sweetener made primarily of sucrose combined with molasses which gives it its rich flavor darker color and moist texture

Unlike white sugar which is nearly 100% sucrose brown sugar contains 88-95% sucrose along with natural molasses Nov 3 2025 Find out the difference between light brown sugar, dark brown sugar, demerara, muscovado, and turbinado sugar in this sweet guide Aug 19 2025 What Are the Main Differences in White and Brown Sugar? White sugar, light brown sugar, and dark brown sugar come from the same plants but differ slightly in how they are processed

They also have different textures, flavors, and culinary uses Mar 10 2021 The main difference between table sugar and brown sugar is the presence of molasses which gives brown sugar its distinct color, flavor, and moisture

Although there is a trace amount of various nutrients in brown sugar that come from molasses, brown sugar is not considered healthier than other sugars Dec 16 2025 Making your own light or dark brown sugar at home couldn't be easier and you only need two pantry staples to do it Sep 8 2022 Brown sugar is made by adding molasses to white sugar with a taste like crystallized molasses or toffee

Uses include baking, sauces, and marinades.

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