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Original URL: <https://tools.orientwatchusa.com/shifting-gere.pdf>

Oct 7 2020 shiftingis completely safe! i know that it sounds a little scary to move to an entire other reality. but! you cannot get stuck in another reality. your consciousness always knows that you re in your dr and that you can leave whenever you want to

as an extra precaution that might make you feel better is to script a return action or word so A subreddit aboutshiftingrealities

This subreddit is currently restricted please use mod mail to become approved! Apr 9 2021 trueHey welcome to r shiftingrealities! This community was created to help people interested in reality shifting to learn more about shifting and hopefully help them on their shifting journey! The sidebar or about page for mobile users has a HEAP of super helpful resources to get you started so head over there! And don t forget to read the rules before posting!! As r Feb 18 2023 Theshiftingultimate guide Note I have to clarify that this guide is not going to make you shift

I have simply made it so that people have a clear vision of whatshiftingis. I also have to say that everything I am going to explain is from my point of view

I don t want to discredit anyone and just because I think differently from other people doesn t mean that what they have Dec 15 2020 My tips forshiftingDo. Not. Stress about it

It took me 2 3 months to properly shift and in all that time I only came close shifted for a few minutes on 3 other occasions. All the people saying they are close and had symptoms that s great! You re getting there and you WILL do it. STAY POSITIVE

Take breaks if you need to Dec 23 2023 I ll let the pros and experienced shifters comment on the details but I ve seen a couple of theseShiftingProcess Summary threads. I ve even done this process personally too

When I gathered methods on here 2 seasons and then reduced them down to their similarities I noticed that there are so many sensory stimulating stages affirm visualise Feel free to post any content related to realityshifting no toxicity allowed

Realityshiftingis a phenomenon of consciousness where individuals experience other realities. This sub is for people deliberately attempting to induce these experiences

There are many examples of success stories here and in the sister subreddits r shiftingrealities r shiftingreality Mar 11 2024 Feel free to post any content related to realityshifting no toxicity allowed. Realityshiftingis a phenomenon

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