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This classicfiletmignonspan fried in a cast iron skillet and basted with butter until it's golden brown and incredibly delicious Mar 10 2024 Learn how to cook like thebeststeakhouseat home. With this easyskillet to ovenfiletmignonrecipe even beginners can cook juicy tender steak every time

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It develops a deep dark crispy crust on the outside with a juicy evenly cooked interior. Basted with butter garlic and fresh herbs thisfiletmignonis full of flavor and one of my favorite ways to cook this cut at home The secret lies in using a cast iron skillet

In this comprehensive guide we will walk you through the essentials of cooking afiletmignonin a cast iron skillet including preparation seasoning cooking methods and serving suggestions Generously salt pepper filets add garlic powder. Refrigerate until 30 minutes before cooking

Allow filets to come to room temperature about 30 minutes before cooking. This is an important step! Place enough EVOO in cast iron skilletto sear 2 steaks. Heat oil to HIGH. Place steaks in oil and sear on both sides on HIGH for 2 minutes each side

Once seared add 2T butter minced garlic and Feb 10 2025 Make melt in your mouthfiletmignonthat doesnt break the bank right at home! These restaurant qualityfiletmignonsteaks arepan seared and oven finished for the perfect flavorful crust and inside doneness

Its all about the sear the seasoning and a little bit of oven magic

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