

<<waist watchers 2>> Mayo Clinic BMI and waist circumference calculator

Pelvic pain in adult females Mayo Clinic.

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Original URL: <https://tools.orientwatchusa.com/waist-watchers-2.pdf>

Body mass index BMI uses weight and height to estimate body fat

A high BMI and largewaistsize may signal an increased risk of heart disease

Choose a symptom Selected Select related factors View possible causes Pelvic pain in adult females Find possible causes of pelvic pain in women based on specific factors

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Diagnosis of metabolic syndrome is based on medical history family medical history a physical exam and blood pressure and blood tests

The National Institutes of Health defines metabolic syndrome as having three or more of the following conditions or being on medicine to manage these conditions

Largewaist

This means a waistline that measures at least 35 inches 89 centimeters for women

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Sacroiliitis say kroe il e I tis is a painful condition that affects one or both sacroiliac joints. These joints sit where the lower spine and pelvis meet

Sacroiliitis can cause pain and stiffness in the buttocks or lower back and the pain might go down one or both legs

Standing or sitting for a long time or climbing stairs can make the pain worse

Mar 29 2025 Metabolic syndrome is a cluster of conditions that occur together increasing your risk of heart disease stroke and type2diabetes

These conditions include increased blood pressure high blood sugar excess body fat around thewaist and abnormal cholesterol or triglyceride levels Jun 28 2023

For women awaistmeasurement of more than 35 inches 89 centimeters signals an unhealthy amount of belly fat and a greater risk of health problems

In general though the greater thewaistmeasurement the higher the health risks Diagnosis Your healthcare professional will generally conduct a thorough physical exam. You may be asked to bend forward from thewaistto allow your healthcare professional to view your spine from the side

You also may undergo a neurological exam to check your reflexes and muscle strength.

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