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The meaning of WALK is to move along on foot advance by steps. How to use walk in a sentence WALK definition 1. to move along by putting one foot in front of the other allowing each foot to touch the ground

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[8] Make a schedule that works for you and try to stick to a routine to be consistent Women walking in Hyderabad Walking also known as ambulation is one of the main gaits of terrestrial locomotion among legged animals. Walking is typically slower than running and other gaits. Walking is defined as an inverted pendulum gait in which the body vaults over the stiff limb or limbs with each step

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If done correctly walking could aid weight loss and extend your life. Learn more Define walk. walk synonyms walk pronunciation walk translation English dictionary definition of walk. v. walked walking walks v

intr. 1

To move over a surface by taking steps with the feet at a pace slower than a run a baby learning to walk a horse WALK definition to advance or travel on foot at a moderate speed or pace proceed by steps move by advancing the feet alternately so that there is always one foot on the ground in bipedal locomotion and two or more feet on the ground in quadrupedal locomotion Mar 12 2024 Keeping a record of how many steps you take the distance you walk and how long it takes can help you see where you started from and serve as a source of inspiration.

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